

Merry Christmas 2012

Monday, December 24, 2012

1:22 PM

A Christmas Game:

Call it all a game, it works better and it's more fun that way. Should life be anything



First Belief:

The quality of your every experience is affected by what you believe. This is self-evident with just the smallest of effort.

Look around, Can you find support for this?

2nd Belief:

There is a hidden magic within the first belief, something magical stemming from it. Can you identify? While very simple, it has taken me 28 years to discover, so don't hesitate to give a few minutes thinking of what it may be.

Actually, I the near magic is in a corollary realization. The magical **2nd Belief** is:

We can intentionally conduct a *biased* search in searching for supportive references to conclude our beliefs.

Instead of concluding beliefs from whatever comes along, start first by deciding what belief would best serve your interests and desires, then look only for evidences that support concluding that premise true.

Make sure you believe your premise possible, plausible and probable, else finding conclusive evidence and supportive references may be too difficult and the premise can not become a belief.

In the deciding step, do NOT look to find what others believe. Don't search to discover the belief most generally accepted. You're NOT looking for the currently prevailing belief. Stack your deck with empowering beliefs and you'll find they pay much better than those generally accepted. Starting with a Bias perspective then defining references, even new discoveries will be found instead of confusing distractions.

There is also a corollary to this: You can apply this bias to reshaping old poor quality beliefs. Re-examine all beliefs you realize aren't serving you well. With a biased re-examination, you will find the logical support for changing to those more supportive of what you want.

3rd Belief:

If you pass the first realization: *The quality of your every experience is affected by what you believe*, then you will have no difficulty with this third belief: **Your every action, perception, evaluation and thought is based upon and reflects some underlying belief.** Can you find evidences to support accepting and deciding this is a belief?

Now the Game begins:

- A. Use the third belief everywhere you go alone or with family and friends:
 - a. See if you and the kids can identify the beliefs that underlay what they've just noticed. What is the belief showing through in their last sentence?
 - b. What belief is heard in the present topic of conversation?
- B. Evaluate: Ask, is the belief empowering or NOT!
- C. Does or Could a better belief exist,
 - a. Hint: If any belief reflects **Fear or limitation**, there is quite probably a better belief.
 - b. If so:
 - i. What would be a better belief?

- ii. What are the references, the evidences that would support it?
- iii. What are the evidences you can imagine would be required to conclude a change of belief?
 - 1. Can you think of an experiment or discovery that could provide the needed references sufficient to change the worlds view?
- c. Keep score
 - i. Oh and remember, it's NOT allowed to point out the references supporting the belief we DON'T want, in fact those should lose points.

Have fun, you could just change your life and those of all future generations.

Oh- By the way: if you find the idea of "Bias" somewhat "repugnant" or find yourself feeling somewhat "put out" by the idea of conducting a "Bias" investigation, please let me suggest your experience as the first to be given consideration in the game. What belief underlies the feeling or experience? Is it empowering? Could another be better serving? Aren't there evidences that we tend to find what we're looking for, and wouldn't it be better to look for what better serves?

Micro-SD Card - filled with my most valued materials on the effects and **power of Belief**.

Recordings:

I have personally recorded much of the Seth Material and a few complete Seth Books.

I am currently recording "**The Nature of Personal Reality**" and am giving you the **book**.

The first 6 chapters are found in the main folder of the SD, rest to follow in next few months.

Please listen to these recordings first. Hopefully you find reason to read the book which is also on the SD in electronic form .

As I continue to record and finish the book, look for additional chapters on [www.Believeit.us](http://believeit.us/?page_id=1095) at http://believeit.us/?page_id=1095

Let me recommend Recordings from the **SETH Folder** for study this year:

- A. Seth - Audio Collection - Introduction to Seth
 - a. Start here if you don't know anything about Seth
- B. Nature of Personal Reality (Ch. 1-6 Completed)
- C. After Life Journal of American Philosopher - William James (Completed)
- D. Dreams and Projections of Consciousness
- E. Dreams Evolution and Value Fulfillment (Completed)
- F. Early Sessions
 - a. Listen to Sessions 4 & 5 if you want to hear as Seth first introduced himself.

Abraham-Hicks: I also include a very large collection of **Teachings of Abraham -Hicks**, These are only on the SD and are quite valuable in understanding the role and value of emotions in creating the personal reality of our beliefs. They are invaluable in learning to think outside of the box and understanding emotional communications of your inner self.

Secret: I've given "The Secret" in a previous year, but include it here again, for your convenience.

Seth Videos: I've created a few videos for You Tube, they were fun.

Media

The micro-SD will work in many phones and MP3 players, however many of them do NOT provide very good Folder Management, so you may want to copy to your PC or Digital Storage, then keep only a single book on the micro-SD card for easy listening.